



AT SILVERSTONE

Redefining SENIOR LIVING

SAMPLE MENU

Salads and Appetizers

Caesar Salad

organic hearts of romaine topped with Parmesan cheese,
garlic croutons, anchovies and Caesar dressing

Warm Spinach Salad

chopped egg, mushrooms, and red onions in a warm pancetta dressing

Orange Almond Salad

orange segments, candied almonds, bleu cheese, grape tomatoes and citrus vinaigrette

Vegetable Crudité

carrot, bell pepper, cucumber and squash with a tomato pesto dip

Entrees

Beef and Broccoli

seared New York steak, served with hoisin sauce and steamed brown rice

Duck a l'Orange

with buttered potatoes and sautéed asparagus

Braised Veal Lasagna

traditional style with red wine marinara and steamed broccoli

Moroccan-Spiced Chicken Breast

served with a citrus-cinnamon honey sauce, apricot saffron cous cous,
and sautéed carrot and green bean medley

Grilled Salmon

Dijon-cilantro sauce, jasmine rice and grilled asparagus

Desserts

Chocolate Butterscotch Layer Cake

Banana Crème Brulee

Strawberry Swirl Ice Cream Bombe

Coconut Sorbet

Fresh Baked Cookies